## Patent claims

- A seat (10), in particular a vehicle seat, 1. with a seat upholstered component (2) and with a 5 backrest component (1), the backrest component (1) being provided so that it can be rotatably moved about a first axis (A), said first axis (A) being provided transversal direction parallel that to a transversally to the primary sitting direction (7), 10 characterized in that the seat upholstered component is provided so that it can be rotatably moved relative to the seat lower component (8) about a second axis (B) provided parallel to the transversal direction 15 (9) from an upholstered component use position into an upholstered component loading position and vice versa, and the backrest component (1) being provided so that it can be rotatably moved relative to the seat lower component (8) about the first axis (A) from a backrest 20 use position into a backrest loading position and vice versa only when the seat upholstered component (2) has been moved substantially into the upholstered component loading position.
- 25 2. (10)in The seat as claimed claim characterized in that the seat upholstered component (2) has a use side (22) and a non-use side (21), the non-use side (21) of the seat upholstered component (2) being disposed facing the backrest component (1) when 30 seat upholstered component (2) is in the upholstered component loading position.
- 3. The seat (10) as claimed in one of the preceding claims, characterized in that the backrest component (1) in its backrest loading position is disposed substantially horizontally.
  - 4. The seat (10) as claimed in one of the preceding claims, characterized in that the seat lower

component (8) has a first lower component (5) and a second lower component (6), the first lower component (5) together with the seat upholstered component (2) and the backrest component (1) being provided so that it can be rotatably moved about a third axis (C), different from the second axis (B) and provided parallel to the transversal direction (9), from a use position into a folded-over position and vice versa.

10 5. The seat (10)as claimed in one of the preceding claims, characterized in that the backrest component (1) is provided so that it can be rotatably moved about the first axis (A) from the backrest use position into a backrest folded-over position, 15 different from the backrest loading position, parallel to the transversal direction (9) and vice versa when the seat upholstered component (2) is situated in the upholstered use position relative to the first lower component (5).

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- 6. The seat (10) as claimed in one of the preceding claims, characterized in that the backrest component folded-over position relative to the first lower component (5) is passed through when the backrest component (1) is moved from the backrest component use position into the backrest component loading position.
- 7. The seat (10) as claimed in one of the preceding claims, characterized in that the backrest 30 component (1) situated in a backrest component foldedover position relative to the second lower component (6) and also the upholstered component (2) situated in an upholstered component folded-over position relative to the second lower component (6) and the first lower 35 component (5) situated in the folded-over position relative to the second lower component (6) are disposed so that they are substantially vertically adjustable in each case.

A method for folding over a seat (10) with a lower component (8), with a seat upholstered component (2) and with a backrest component (1), the backrest component (1) being rotatably moved about a first axis (A), and the first axis (A) being provided direction transversal (9) parallel tò а transversally to the primary sitting direction characterized in that the seat upholstered component is rotatably moved relative to the seat lower component (8) about a second axis (B) parallel to the transversal direction (9) from an upholstered component use position into an upholstered component loading position and vice versa, the backrest component being rotatably moved about the first axis (A) relative to the seat lower component (8) from a backrest into a backrest component component use position loading position and vice versa only when the seat upholstered component (2) is moved substantially into the upholstered component loading position.

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- 9. The method as claimed in claim 8, characterized in that the seat upholstered component (2) has a use side (22) and a non-use side (21), the non-use side (21) of the seat upholstered component (2) being disposed facing the backrest component (1) when the seat upholstered component (2) is in its upholstered component loading position.
- The method as claimed in claims 9, characterized in that the seat lower component (8) has 30 (5) and first lower component a second component (6), the first lower component (5) together seat upholstered component (2) backrest component (1) being rotatably moved about a 35 third axis (C), different from the second axis (B) and provided parallel to the transversal direction (9), from a use position into a folded-over position and vice versa.

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- 11. The method as claimed in one of claims 8 to 10, characterized in that the backrest component (1) is rotatably moved about the first axis (A) from the backrest component use position into a backrest component folded-over position and vice versa when the seat upholstered component (2) is situated in the upholstered component use position relative to the first lower component (5).
- 10 12. The method as claimed in one of claims 8 to 11, characterized in that the backrest component folded-over position of the backrest component (1) relative to the first lower component (5) is passed through when there is a movement of the backrest component (1) from 15 the backrest component use position into its backrest component loading position.